

WOUND CARE

The dressing applied at our office should be kept on until next bath/shower, or for a maximum of 24 hours. Water (from a shower) may be allowed to flow over the wound, but bathing and swimming are allowed only in non-stitched wounds.

Apply White Petrolatum ointment (which is equivalent to Vaseline) and a new dressing or band-aid once daily for two weeks or as directed.

If mild bleeding should occur it can be controlled by continuous pressure (without checking) for up to 20 minutes. If this doesn't work, try one more continuous pressure session before contacting the office.

Mild pinkness around the wound is normal. If moderate redness, discomfort, swelling or discharge should develop, you may have an infected wound and should call the office promptly.

Most open wounds are not painful if they are covered. If you are experiencing discomfort, Tylenol is usually effective. For stitched wounds it is best to use Tylenol in the immediate post procedure period (48 hours) because aspirin, Motrin and Aleve do promote bleeding.