

Topical Care of your Rosacea

Patients with Rosacea have incredibly sensitive skin. The use of harsh drying products needs to be avoided. One of the keys to a good outcome is sunscreen. The following regimen based on products we sell in the office is very helpful. Note, metronidazole is a prescription item.

If you have persistent redness, schedule an appointment with our aesthetician who can provide further assistance.

Morning

Vanicream Cleansing Bar
Vanicream Sunscreen 30

Evening

Vanicream Cleansing Bar
Metro lotion/Metrocream/Metrogel
Vanicream lite lotion