

## **LIQUID NITROGEN THERAPY**

You have just been treated with liquid nitrogen therapy, a very cold solution that superficially freezes the skin.

1. It is normal to have discomfort at the treatment site for 20 minutes or so after the procedure. You may also see some swelling that lasts 20 minutes as well.
2. Over the next 24-48 hours you will feel mild discomfort and experience swelling at the treatment site.
3. Occasionally a blister will form, it can be popped with a clean needle. Sometimes the blisters have blood in them.
4. Usually the area scabs over in a few days and becomes crusty. At this point, you can apply Vaseline to the area.
5. The whole process takes 7-10 days to heal.

Care of the treatment site is designed to be low maintenance. Please call the office at 508-226-0400, if you experience extreme pain or think the site may be infected.